

## The Investment

To discuss your requirements and investment options, please contact Merle Singer at [merle@curveoftheworld.com.au](mailto:merle@curveoftheworld.com.au) or call on 0419 636 230.



It was a magical combination of relaxation, escape, rejuvenation, re-inspiration and a re-setting... It wasn't just the content (which in itself was wonderful) ... it was how the two of you worked it together - every little detail that you had thought of and put into the week-end didn't go unnoticed and was so very much appreciated. I will be recommending it to others and I will be coming again - try and keep me away!  
Caroline McAuliffe - previous Boot & Souler

## About Curve of the World

On a perfect desert day, I stood atop the Living Desert in Broken Hill as the sun set and a full moon rose. At that moment I looked out towards the Mundi Mundi Plains and saw the curve of the world. For me it symbolised the potential and possibility inherent in all people. To flourish in uncertain economic times organisations and their people need resilience. Our integrated approach works holistically, incorporating emotional literacy, the examination of values and motivators as well as the use of mindfulness techniques.

Curve of the World provides strategic consulting and our deliverables include one-on-one coaching and group facilitation to build thriving and diverse people and culture programs.

Our focus is predominantly on supporting emerging talent to become outstanding leaders and transformation champions within the organisation.



When we do the best we can  
We never know what miracle awaits

Helen Keller



## stiletto & soul camp

"I can't wait for time out from my hectic corporate life...

...I'm going to do absolutely something."

It turns out the antidote to the 80-hour working week is not to spend your downtime doing nothing.



### The Something

Instead it's to pack a bag, drive a couple of hours from the city, and check into Stiletto & Soul Camp.

### The Plan

If your organisation is committed to investing wisely in your people, particularly the development of your high potential leaders, then Stiletto & Soul may be a unique addition to your current programs. Our focus is on the foundation of close collaborative teams, building engagement and alignment with corporate values, and the establishment of a network of role models. Stiletto & Soul is about development, appreciation and value of your key women – supporting your all-important retention and employer of choice strategies.

Based on the irrefutable premise that weeks of deadlines, presentations, pitches, negotiations and office politics need a healthy counter-balance, Stiletto & Soul is the opportunity to engage and revive body, mind and spirit to replenish what your day-to-day life has taken away.

Stiletto & Soul Camp is a wonderful combination of relaxation, self-reflection, creativity and yoga created specially for busy women in the corporate world.

### The Leader

Merle Singer has 25 years business experience includes senior management and leadership roles in marketing, people & culture, CSR, and environmental sustainability. All of these have reinforced her conviction that for people to succeed, they must be allowed the personal space to flourish. Merle holds a BA Honours and a Masters in Psychology as well as being a graduate of the Australian Institute of Company Directors. She currently runs her own business, Curve of the World, aimed specifically at the transformation of women in leadership.

Merle is proof that corporate life, yoga and mindfulness are wholly compatible.



She is also an accredited Yogaworks teacher and runs Stiletto & Soul Camp with a wand of serenity. She understands the power of mindfulness, decompression, yoga and the delights of being with like-minded women in a collaborative and engaged environment. Depending on the bespoke program created for your organisation, Merle will source the right combination of practitioners including yoga teachers or voice coaches to craft the perfect getaway for your female executives.



### Philosophy

Is your organisation committed to the early development of its female leaders? How strong is your focus on creating a diverse and integrated leadership team? Women leaders have a key role to play in the success of any organisation, but are often under-represented at senior levels. Curve of the World believes in helping women become transformative leaders. We take an integrated and systemic approach to the self, the team and the organisation. We incorporate a unique blend of emotional literacy, cognitive capability, values-based culture and mindfulness. At a team level we work on building out leadership capabilities, personal transformation and team skills. We do this through a tailored program of talent identification and management, assessments, one-on-one coaching, group facilitation and workshops.

In this world of deadlines, strict competition and high performance, the opportunity to unplug, go inward and connect with others in a safe, generous and dare I say 'spiritual' environment was a great antidote to our so easily overloaded modern existence. A sweet treat for the oft ignored soul. Katherine Singson - previous Boot & Souler